

Careers Education - what happens and when

Year	Term 1				Term 2		Term 3			Term 4			Term 5		Term 6			
7	Moving up: To recognise the stages in transition and identify how to cope with change. PPT 2 Tutorials	Becoming an organised student: 1. Organising my homework and revision 2. Dealing with change 2 Tutorials	Unifrog Tutorials Launching Unifrog Careers library treasure hunt	Careers library induction part of library induction	Unifrog Tutorials What are skills?		Unifrog Tutorials Recording activities What is a career? 4 Tutorials	Positive / Growth Mindset and Mental Health: 1. Personal strengths 2. Helpful feedback vs. unhelpful criticism 3&4. Careers case study	STEM Event with Engineering Focus (hosted by former school captain, now working at GSK)	National Apprenticeship Week 9th -15th February	Unifrog Tutorials What is a work-life balance? What is an entrepreneur?	National Careers Week 2nd - 7th March	Unifrog Tutorials Interests profile Careers and the future		Money: 1. Sources of Money 1 Tutorial	Unifrog Tutorials What's your dream job? Exploring possibilities: dream jobs		
8	Unifrog Tutorials Careers Library treasure hunt - 2 What are my interests?				Prejudice and Discrimination: To be able to describe what discrimination is and make a judgement on the ways in which it affects people. PPT	Unifrog Tutorials Career terminology Challenges and rewards of work	Unifrog Tutorials What does success mean to me? Creating the life you want: making a vision board	Health: 1. Leisure Time from Work 1 Tutorial	National Apprenticeship Week 9th -15th February	Great Leaders: To explore what makes a great leader using examples from History. PPT	Unifrog Tutorials Your superhero CV	Bright Futures Enterprise Event	National Careers Week 2nd - 7th March	Social Media: 1. Dangers inc. future employment 1 Tutorial	Unifrog Tutorials Communication: What Makes a Great Communicator Careers and the climate	Market stall activity: Describe essential life and employability skills Explain what transferable skills are Explain how to develop skills which are transferable. PPT	Why do people work different work patterns? 2 Tutorials	Unifrog Tutorials Activities and competencies
9	Unifrog Tutorials Identifying interests Workings and earning: managing your money				Apprenticeships: To be able to understand what apprenticeships are, how they work and where to find them. PPT	Choosing your options: To understand and evaluate the different career options available. PPT	Unifrog Tutorials GCSEs Choices Choices	GCSE Options evening Choose options by the end of Term 3		National Apprenticeship Week 9th -15th February	Unifrog Tutorials What makes a great leader? Taking control of your career journey	National Careers Week 2nd - 7th March	Unifrog Tutorials Your skills, your team, your future What is the labour market and why is it important?		Unifrog Tutorials: Talking about your activities			
10	Money: 1. Pay slips 2. Part time jobs 2 Tutorials	Jackie Pullinger: Links to volunteer work to gain skills and experience to develop CV. PPT SJWMS Destinations Tutorial	Street Pastors: To understand the work of street pastors and what this job role involves. PPT	Unifrog Tutorials Reflecting on my career journey: past, present and future WEX: How to research possible placements	Living in the Wider World: 1. Helpful feedback vs. unhealthy criticism 2. Prejudice and discrimination inc at work 2 Tutorials	Unifrog Tutorials Exploring employer profiles WEX: CV's and Cover Letters	Unifrog Tutorials What type of career is best for me? WEX: How to contact employers	Apprenticeship Assembly with Success at Schools	National Apprenticeship Week 9th -15th February	Unifrog Tutorials Careers library treasure hunt - 4 Wellbeing in the workplace	National Careers Week 2nd - 7th March	Ageism: To be able to explain how your age can impact on what you are able to do and how others perceive you. PPT	Unifrog Tutorials Teamwork: What makes a great team player?	When things don't go to plan: To consider how to deal with the stress of exams, the run up to results day and what to do if things don't go to plan (including advice on what to do if you don't get into sixth form or college e.g. apprenticeships, traineeships - reminder of post-16 options). PPT	5 Days Work Experience	Unifrog Tutorials Inperson, hybrid and remote: what works best?		
11	Next Steps Evening	SJWMS Destinations Tutorial Mid Kent College Assembly	Unifrog Tutorials Decision making: choosing your Post-16 pathway		Unifrog Tutorials A Level Choices Money talks: apprenticeships vs. higher education Researching volunteering and paid work	Opportunities in the sixth form evening	Apprenticeship Assembly with Success at Schools	National Apprenticeship Week 9th -15th February	Unifrog Tutorials Wellbeing: Recognising stress and anxiety Is AI a threat to our jobs?	National Careers Week 2nd - 7th March	Unifrog Tutorials Revision: Good vs. Bad		Focus on numeracy and literacy					
12	Y12 Next Steps Evening	Y12 T1 Intended Destinations Survey	Post 18 Next Steps/Unifrog Tutorials 1. What should I do next? 2. Post 18: Choices choices 3. Using The Personality Profile 4. Wellbeing: balancing life, learning and work		Post 18 Next Steps/Unifrog Tutorials 1. Setting Career Goals 2. Introduction to Apprenticeships in England and Wales 3. Degree apprenticeships -The right choice for you 4. Taking a Gap Year 5. Careers quiz: careers and the Courses tool	Drugs alcohol and tobacco: the law and dealing with emergencies Rights regarding drugs and alcohol misuse in the workplace Emotional wellbeing and stress Brief discussion of stress relating to job loss	Post 18 Next Steps/Unifrog Tutorials 1. Oxbridge 2. UCAS offers explained (tariffs) 3. What is a Russell Group University? 4. What is the Sutton Trust and Sutton Trust 30? 5. WEX: How to contact employers	Y12 T3 Intended Destinations Survey	National Apprenticeship Week 9th -15th February	Post 18 Next Steps/Unifrog Tutorials 1. Using the UK Universities Tool to Find the Best Fit 2. US Universities 3. Visiting universities: open days 4. Choosing your degree 5. Applying to University	Personality identity: being new in new places Soft skills in the workplace Communities Prevent in the workplace	Post 18 options, Life at university and alternatives; UCAS - researching courses, personal statement prep, university visits, CVs Y12 T5 Intended Destinations Survey	Post 18 Next Steps/Unifrog Tutorials 1. Post-18 Research Tools 2. WEX: Social Media and Personal Brand 3. The 2025 UCAS undergraduate application 4. Unifrog's Talent Pool Tool	5 Days Work Experience Apprenticeship Talk Post WEX debrief 2 Tutorials Last two days of term: Career Workshops	Y12 Workshops: Approaches to Examinations, Apprenticeships, Personal Statements, Financial Awareness and Budgeting You as a worker Workplace etiquette, skills and codes of conduct	Post 18 Next Steps/Unifrog Tutorials 1. Dress codes 2. What to expect at university 3. Geeking out 4. Acing Your Personal Statement 5. The Times Top 100 Graduate Employers		
13	Oxbridge mock interviews	Completing UCAS personal statement	Post 18 Next Steps/Unifrog Tutorials 1. Application Tool 2. Structuring and composing a strong CV 3. World of Work: Professional Networking		Post 18 Next Steps/Unifrog Tutorials 1. Finalising your personal statement 2. Revision: Good vs. bad 3. Basics of interviews	Mock MMIs for aspiring medical and dentistry students	Post 18 Next Steps/Unifrog Tutorials 1. Preparing for an employer assessment day 2. Rights of Apprentices 3. Should all employers adopt a 4-day week?	Y13 T3 Intended Destinations Survey	National Apprenticeship Week 9th -15th February	Post 18 Next Steps/Unifrog Tutorials 1. Writing an effective cover letter 2. Being self-employed and working freelance 3. Confidently managing transitions	National Careers Week 2nd - 7th March	Post 18 Next Steps/Unifrog Tutorials 1. Results day and Clearing: what you need to know 2. What makes a 'good' company to work for?		Careers education is found across the curriculum in many different subjects, for all year groups and across the academic year, for example: •PE - leadership and team work •English - communication skills needed in organisations •Music - researching careers of music heroes •DT - study of jobs involved in particular projects •Art - image in the workplace •Maths - data analysis is an employability skill •Psychology - presentation skills •Drama production - you have to audition for parts or jobs like stage hand/lighting - these are like interviews for jobs •Prefect roles - you have to be interviewed for the role				

Colour key

 Tutorial	 Life Skills lessons	 Lesson time	 Outside of lessons	 WEX
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What is careers education?

Careers education is a planned programme of learning activities that helps young people to think about, set goals and prepare for the future. It does this by helping them to develop the knowledge and self-help skills they will need to grasp opportunities, manage change and deal with success, disappointment and the unexpected. At the Math School careers education is provided through Life Skills lessons in the Lower School and in tutorials across all key stages.

What is impartial advice?

Impartial advice basically means that we will not tell you what to do. Impartial careers advice aims to provide young people with the knowledge and skills to make informed choices about what options they have key points in the school life. For example: In choosing GCSE options in year 9, A level options or suitable alternatives at year 11 and in year 13 whether or not to go into further or higher education, or enter the world of work. It aims to motivate and raise aspirations by providing clear goals and encouraging young people to participate in learning and to attain qualifications that reflect their potential. Qualifications are like keys – the more qualifications you have, the more doors are open to you. These doors represent opportunities.