

Careers Education - what happens and when

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6		
7	<p>Moving up: To recognise the stages in transition and identify how to cope with change. PPT</p> <p>Becoming an organised student: 1. Organising my homework and revision 2. Dealing with change 2 Tutorials</p> <p>Unifrog Tutorials Introduction to Unifrog Careers library treasure hunt</p> <p>Careers library induction part of library induction Part of 1 English lesson</p>	<p>Unifrog Tutorials Who am I? What are skills?</p>	<p>Unifrog Tutorials Recording activities What is a career?</p> <p>Positive / Growth Mindset and Mental Health: 1. Personal strengths 2. Helpful feedback vs. unhelpful criticism 3&4. Careers case study 4 Tutorials</p> <p>STEM Event</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Unifrog Tutorials What is a work-life balance? What is an entrepreneur?</p> <p>Great Leaders: To explore what makes a great leader using examples from History. PPT</p> <p>Unifrog Tutorials Your superhero CV</p> <p>Bright Futures Enterprise Event</p> <p>National Careers Week 4th-9th March</p>	<p>Stories about Jesus: 1. Revision recap 1 Tutorial</p> <p>Unifrog Tutorials Interests profile Careers and the future</p> <p>Money: 1. Sources of Money 1 Tutorial</p> <p>Unifrog Tutorials What's your dream job? Exploring possibilities: dream jobs</p>			
8	<p>Unifrog Tutorials Careers Library treasure hunt - 2 What are my interests?</p>	<p>Prejudice and Discrimination: To be able to describe what discrimination is and make a judgement on the ways in which it affects people. PPT</p> <p>Unifrog Tutorials Career terminology Challenges and rewards of work</p>	<p>Unifrog Tutorials What does success mean to me? Creating the life you want: making a vision board</p> <p>Health: 1. Leisure Time from Work 1 Tutorial</p>	<p>Unifrog Tutorials What makes a great leader? Taking control of your career journey</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Unifrog Tutorials What makes a great leader? Your skills, your team, your future What is the labour market and why is it important?</p> <p>Social Media: 1. Dangers inc. future employment 1 Tutorial</p> <p>Unifrog Tutorials Communication: What Makes a Great Communicator Careers and the climate</p> <p>Market stall activity: Describe essential life and employability skills Explain what transferable skills are Explain how to develop skills which are transferable PPT</p> <p>The existence of God: 1&2. Why do people work different work patterns? 2 Tutorials</p> <p>Unifrog Tutorials Activities and skills bingo</p>			
9	<p>Unifrog Tutorials Identifying interests Workings and earnings: managing your money</p>	<p>Apprenticeships: To be able to understand what apprenticeships are, how they work and where to find them. PPT</p> <p>Choosing your options: To understand and evaluate the different career options available. PPT</p> <p>Unifrog Tutorials GCSEs Choices Choices</p>	<p>Unifrog Tutorials What are my skills? Careers library treasure hunt - 3</p> <p>GCSE Options evening Choose options by the end of Term 3</p>	<p>Unifrog Tutorials What makes a great leader? Taking control of your career journey</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Unifrog Tutorials Your skills, your team, your future What is the labour market and why is it important?</p> <p>National Careers Week 4th-9th March</p>	<p>Unifrog Tutorials Talking about your activities</p>		
10	<p>Money: 1. Pay slips 2. Part time jobs 2 Tutorials</p> <p>Jackie Pullinger: Links to volunteer work to gain skills and experience to develop CV. PPT</p> <p>Street Pastors: To understand the work of street pastors and what this job role involves. PPT</p> <p>Unifrog Tutorials Reflecting on my career journey: past, present and future WEX: How to research possible placements</p>	<p>Unifrog Tutorials Exploring employer profiles WEX: CV's and Cover Letters</p>	<p>Unifrog Tutorials What type of career is best for me? WEX: How to contact employers</p>	<p>Unifrog Tutorials Careers library treasure hunt - 4 What type of career is best for me? Wellbeing in the workplace</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Unifrog Tutorials Teamwork: What makes a great team player?</p> <p>National Careers Week 4th-9th March</p>	<p>Unifrog Tutorials When things don't go to plan: To consider how to deal with the stress of exams, the run up to results day and what to do if things don't go to plan (including advice on what to do if you don't get into sixth form or college e.g. apprenticeships, traineeships - reminder of post-16 options). PPT</p> <p>Unifrog Tutorials In person, hybrid and remote: what works best?</p>		
11	<p>Next Steps Evening</p> <p>Unifrog Tutorials Decision making: choosing your Post-16 pathway</p>	<p>Unifrog Tutorials A Level Choices Money talks: apprenticeships vs. higher education Researching volunteering and paid work</p> <p>Mid Kent College Assembly</p>	<p>Opportunities in the sixth form evening</p> <p>Our World: 1. World of work 2. Economic wellbeing 2 Tutorials</p>	<p>Unifrog Tutorials Wellbeing: Recognising stress and anxiety Is AI a threat to our jobs? Focus on numeracy and literacy</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Unifrog Tutorials Revision: Good vs. Bad Coping with changes: Leaving secondary school Focus on numeracy and literacy</p> <p>National Careers Week 4th-9th March</p>	<p>Focus on numeracy and literacy</p>		
12	<p>Next Steps Evening Y12 T1 Intended Destinations Survey</p> <p>Sexuality and gender Employment law discussed regarding discrimination</p> <p>Pressures and Expectations Pressure from employers/managers discussed.</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. What should I do next? 2. Post 18: Choices choices 3. Using The Personality Profile. 4. Wellbeing: balancing life, learning and work</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Setting Career Goals 2. Introduction to Apprenticeships in England and Wales 3. Degree apprenticeships -The right choice for you 4. Taking a Gap Year</p> <p>Drugs alcohol and tobacco: the law and dealing with emergencies Rights regarding drugs and alcohol misuse in the workplace Emotional wellbeing and stress Brief discussion of stress relating to job loss</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Oxbridge 2. UCAS offers explained (tariffs) 3. What is a Russell Group University? 4. What is the Sutton Trust and Sutton Trust 30? 5. WEX: How to contact employers</p> <p>Emotional wellbeing: Strategies and support</p> <p>Y12 T3 Intended Destinations Survey</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Using the UK Universities Tool to Find the Best Fit 2. US Universities 3. Visiting universities: open days 4. Choosing your degree 5. Applying to University</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Personality identity: being new in new places Soft skills in the workplace</p> <p>Communities Present in the workplace</p> <p>Y12 T5 Intended Destinations Survey</p> <p>National Careers Week 4th-9th March</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Post-18 Research Tools 2. WEX: Social Media and Personal Brand 3. The 2025 UCAS undergraduate application.</p> <p>Work Experience Apprenticeship Talk Post WEX debrief 2 Tutorials last two days of term: Alumni Talks/Career Days</p> <p>Y12 Life skills and Post-18 destinations day: WEX, Apprenticeships, Unifrog, Next Steps Profile, Personal Statements, RE and Life Skills</p> <p>You as a worker Workplace etiquette, skills and codes of conduct</p> <p>Money, bills and budgeting Taxation and budgeting wages</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Dress codes 2. What to expect at university 3. Geeking out 4. Acing Your Personal Statement 5. The Times Top 100 Graduate Employers</p>
13	<p>Oxbridge mock interviews</p> <p>UCAS Completing personal statement.</p> <p>UEA personal statement workshop</p> <p>Next Steps Evening Y13 T1 Intended Destinations Survey</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Application Tool 2. Structuring and composing a strong CV 3. World of Work: Professional Networking</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Finalising your personal statement 2. Revision: Good vs. bad 3. Basics of interviews.</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Assessment centres 2. Rights of Apprentices 3. Should all employers adopt a 4-day week?</p> <p>Mock Interviews Students are given the opportunity to have mock university/apprenticeship/job interviews with external professionals. Students receive feedback to help improve future performance.</p> <p>Y13 T3 Intended Destinations Survey</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Writing an effective cover letter. 2. Being self-employed and working freelance 3. Confidentially managing transitions</p> <p>National Apprenticeship Week 5th-11th February</p>	<p>Post 18 Next Steps/Unifrog Tutorials</p> <p>1. Results day and Clearing: what you need to know 2. What makes a 'good' company to work for?</p> <p>National Careers Week 4th-9th March</p>	<p>Careers education is found across the curriculum in many different subjects, for all year groups and across the academic year, for example: •PE - leadership and team work •English - communication skills needed in organisations •Music - researching careers of music heroes •DT - study of jobs involved in particular projects •Art - image in the workplace •Maths - data analysis is an employability skill •Psychology - presentation skills •Drama production - you have to audition for parts or jobs like stage hand/lighting - these are like interviews for jobs •Prefect roles - you have to be interviewed for the role</p>	

Colour key

 Tutorial	 Life Skills lessons	 Lesson time	 Outside of lessons	 WEX
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What is careers education?

Careers education is a planned programme of learning activities that helps young people to think about, set goals and prepare for the future. It does this by helping them to develop the knowledge and self-help skills they will need to grasp opportunities, manage change and deal with success, disappointment and the unexpected. At the Math School careers education is provided through Life Skills lessons in the Lower School and in tutorials across all key stages.

What is impartial advice?

Impartial advice basically means that we will not tell you what to do. Impartial careers advice aims to provide young people with the knowledge and skills to make informed choices about what options they have key points in the school life. For example: in choosing GCSE options in year 9, A level options or suitable alternatives at year 11 and in year 13 whether or not to go into further or higher education, or enter the world of work. It aims to motivate and raise aspirations by providing clear goals and encouraging young people to participate in learning and to attain qualifications that reflect their potential. Qualifications are like keys – the more qualifications you have, the more doors are open to you. These doors represent opportunities.