

Careers Education - what happens and when

Year	Term 1			Term 2	Term 3			Term 4	Term 5	Term 6							
7	Moving up: To recognise the stages in transition and identify how to cope with change. PPT	Becoming an organised student: 1. Organising my homework and revision 2. Dealing with change 2 Tutorials	Careers library induction part of library induction Part of 1 English lesson		Unifrog Tutorials: 1. Careers library treasure hunt 2. What are skills? 3. Interests profile 4. Recording activities 5. What's your dream job? 4 Tutorials	Positive / Growth Mindset and Mental Health: 1. Personal strengths 2. Helpful feedback vs. unhelpful criticism 3&4. Careers case study 4 Tutorials	National Apprenticeship Week 7th-13th February		National Careers Week 7th-12th March	Stories about Jesus: 1. Revision recap 1 Tutorial	Money: 1. Sources of Money 1 Tutorial	Pop up author visit: Opportunity for students to develop their knowledge of a career as an author					
8				Prejudice and Discrimination: To be able to describe what discrimination is and make a judgement on the ways in which it affects people. PPT	Unifrog Tutorials: 1. What does success mean to you? 2. Career terminology 3. Careers library treasure hunt 4. GCSE choices 5. Activities and competencies bingo 1 Tutorial	Health: 1. Leisure Time from Work 1 Tutorial	National Apprenticeship Week 7th-13th February	Great Leaders: To explore what makes a great leader using examples from History. PPT	National Careers Week	Social Media: 1. Dangers inc. future employment 1 Tutorial	Market stall activity: Describe essential life and employability skills Explain what transferable skills are Explain how to develop skills which are transferable PPT	The existence of God: 1&2. Why do people work different work patterns? 2 Tutorials					
9				Apprenticeships: To be able to understand what apprenticeships are, how they work and where to find them. PPT	Choosing your options: To understand and evaluate the different career options available. PPT	Unifrog Tutorials: 1. What makes a great leader 2. Talking about your activities 3. Subject library treasure hunt 4. Be kind to yourself 5. Identifying interests 6. Your skills, your team, your future Year 9 careers meetings	GCSE Options evening Choose options by the end of Term 3	National Apprenticeship Week 7th-13th February		National Careers Week							
10	Money: 1. Pay slips 2. Part time jobs 2 Tutorials	Jackie Pullinger: Links to volunteer work to gain skills and experience to develop CV. PPT	Street Pastors: To understand the work of street pastors and what this job role involves. PPT	Living in the Wider World: 1. Helpful feedback vs. unhealthy criticism 2. Prejudice and discrimination inc at work 2 Tutorials	Unifrog Tutorials: 1. Personality profile 2. Work experience: How to contact employers 3. Work experience: Researching possible placements 4. Careers library treasure hunt 5. Teamwork: What makes a great team player 6. Revision: Good vs. bad		National Apprenticeship Week 7th-13th February	Work Experience	National Careers Week	Ageism: To be able to explain how your age can impact on what you are able to do and how others perceive you. PPT	When things don't go to plan: To consider how to deal with the stress of exams, the run up to results day and what to do if things don't go to plan (including advice on what to do if you don't get into sixth form or college e.g. apprenticeships, traineeships - reminder of post-16 options). PPT						
11				Introduction to UCAS Progress	Unifrog Tutorials: 1. Post-16 choices 2. A Level Choices 3. Introduction to apprenticeships in England and Wales 4. Wellbeing: Recognising stress and anxiety 5. Revision: Good vs. bad 6. Coping: Changes Leaving School 7. Managing stress		National Apprenticeship Week 7th-13th February		National Careers Week								
				Next Steps Evening													
				Our World: 1. World of work 2. Economic wellbeing 2 Tutorials		Focus on numeracy and literacy		Focus on numeracy and literacy	National Careers Week			Focus on numeracy and literacy					
12	Transition + Independent Study Skills Wk 1 – Academic Working Week + Expectations (2 tutorials) Wk 2 – Independent learning – What is it? SMART targets to support learning Wk 2 - 1 x planning tutorial following SMART PPT Wk 3 – Exam Board Websites – specs, boundaries, exams etc Wks 3 to 5 - complete exam board activities (past papers, specs, examiners reports, topic guides) Wk 4 – Exam Board Tasks continued Wk 5 – Cognitive Load and Retrieval Tasks Wk 6 - Retrieval tasks continued and Mental Health Week (LIH/HD) Wk 7 - Managing Workload			Study Skills Wk 1 – Use of examiners reports Wk 2 – Getting the best from your Teachers Wk 3 + 4 – time given for exam revision Wk 5 – Skills Vs Context Exam analysis Wk 6 – Update skills Audit and competencies on Unifrog Next Steps Evening	Unifrog Tutorials: 1. Post-18: Choices 2. Goal setting 3. Acing your personal statement 4. Apprenticeships: Finding best fit 5. Geeking out 6. Wellbeing: Recognising stress and anxiety 7. Managing stress	Career Interview The opportunity is provided for students to have a career interview. Students who do not have a firm post-18 plan based on Google Forms survey are targeted.	Relationships Wk 1 – Gold Form Dummy Run Wk 2 – Peer Respect Wk 3 – Toxic Friendships Wk 4 – Respecting others relationships Wk 5 – Ending Relationships Wk 6 – Trust	National Apprenticeship Week 7th-13th February	Lifestyle Choices Wk 1 – Paid Work vs Academic Study - Balance Wk 2 – Brain Food – best diet for a healthy balanced life Wk 3 – Gadgets – positive and negative effects of Wk 4 – Sleep Patterns – how to ensure quality rest Wk 5 – Body Language – sending mixed messages Wk 6 – Drugs and Alcohol	National Careers Week	Post 18 options, Life at university and alternatives; UCAS - researching courses, personal statement prep, university visits, CVs	Post 18: What should I do next presentation from SXH during form time	Employability and Lifestyle Choices Wk 1 – Employability Skills Wk 2 – CVs Wk 3 – Job Interview Techniques Wk 4 – Understanding your Wage Slip and Taxes Wk 5 – Safety on the roads Wk 6 – Effects of Smoking	Work Experience Week	Post WEX debrief 2 Tutorials	Post 18 options, Life at university and alternatives; UCAS - researching courses, personal statement prep, university visits, CVs Last two days of term: Alumni talks	Post-18 Next Steps Wk 1 – Post 18 Options Research Wk 2 – Personal Statements Wk 3 – Unifrog + Research + Statement Writing Wk 4 – UCAS Login/Start Application Wk 5 – Post 18 research continued Wk 6 – WEX Week Wk 7 – Careers Workshops
13	Oxbridge mock interviews	Post-18 Next Steps Wk 1 – Unifrog – update statement and Plan A/B Wk 2 – Evaluating Personal Statements + LoA's Wk 3 – Student finance + Next Steps Wk 4 – Unifrog/CVs/Letters of application Wk 5 – Unifrog/CVs/Letters of application Wk 6 – Unifrog/CVs/Letters of application Wk 6 - Mental Health Week (LIH/OCB) Wk 7 - Cost of Living	Apprenticeship Talk	Post-18 Next Steps Wk 1 - Renting vs Buying Wk 1 - Prepping for Year 13 mocks Wk 2 - Revision technique reminder Wk 3 – What does success look like? What works? Wk 4 – Making the most of Winter Break Wk's 5 to 6 devoted to Mock Exam Prep	Unifrog Tutorials: 1. Assessment centres 2. Wellbeing Recognising stress and anxiety 3. Managing stress 4. Revision: Good vs. bad	Mock Interviews Students are given the opportunity to have mock university/apprenticeship/job interviews with external professionals. Students receive feedback to help improve future performance.	Life after The Math Wk's 1 + 2 – Examinations Wk 3 – Mock Shop – being self-sufficient Wk 4 – How to Save Money Wk 5 – The Cost of Life – mortgages, tax, wages etc Wk 6 – Managing Credit	National Apprenticeship Week 7th-13th February	The 'Run-In' Wk 1 – Healthy Eating Wk 2 – Cooking for Yourself Wk 3 – Food Hygiene Wk 4 – Prepping for final exams Wk 5 – Making the most of Spring Break Wk 6 – What failure looks like	National Careers Week	Final exams and leaving school Wk 1 – Confidence Wk 2 – Managing stress of final exams Wk 3 – Life Plan Wk 4 – What to do on results day Wk 5 – Clearing/Adjustment			Careers education is found across the curriculum in many different subjects, for all year groups and across the academic year, for example: •PE - leadership and team work •English - communication skills needed in organisations •Music - researching careers of music heroes •DT - study of jobs involved in particular projects •Art - image in the workplace •Maths - data analysis is an employability skill •Psychology - presentation skills •Drama production - you have to audition for parts or jobs like stage hand/lighting - these are like interviews for jobs •Prefect roles - you have to be interviewed for the role			

Colour key

 Tutorial	 Life Skills lessons	 Lesson time	 Outside of lesson	 WEX
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What is careers education?

Careers education is a planned programme of learning activities that helps young people to think about, set goals and prepare for the future. It does this by helping them to develop the knowledge and self-help skills they will need to grasp opportunities, manage change and deal with success, disappointment and the unexpected. At the Math School careers education is provided through Life Skills lessons in the Lower School and in tutorials across all key stages.

What is impartial advice?

Impartial advice basically means that we will not tell you what to do. Impartial careers advice aims to provide young people with the knowledge and skills to make informed choices about what options they have key points in the school life. For example: in choosing GCSE options in year 9, A level options or suitable alternatives at year 11 and in year 13 whether or not to go into further or higher education, or enter the world of work. It aims to motivate and raise aspirations by providing clear goals and encouraging young people to participate in learning and to attain qualifications that reflect their potential. Qualifications are like keys – the more qualifications you have, the more doors are open to you. These doors represent opportunities.