



WEEK 1

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

SAUSAGE & MASH
Onion Gravy, Steamed Broccoli

KUNG PAO CHICKEN
Shredded Greens, Egg Fried Rice, Prawn Crackers

ROAST TURKEY
Seasonal Vegetables, Stuffing, Yorkie & Pan Gravy

CHILLI CON CARNE
Nachos, Rice, Sour Cream, Salsa

FRESHLY BATTERED FISH/ SALMON FISHCAKES
Chips, Mushy Peas

VEGETARIAN MEAL

VEGGIE SAUSAGE & MASH
Onion Gravy, Steamed Broccoli

ORIENTAL STIR FRIED NOODLES
Crunchy Vegetables

MACARONI CHEESE
Mixed Salad or Seasonal Vegetables

QUORN CHILLI CON CARNE
Nachos, Rice, Sour Cream, Salsa

FETA, SQUASH, TOFU, MINT PAKORA
Mixed Salad

PASTA POTS

TOMATO & BASIL

TOMATO & BASIL

TOMATO & BASIL

TOMATO & BASIL

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUDS

MIXED BERRY & APPLE CRUMBLE
Ice Cream

AMERICAN STYLE PANCAKES
Fruit Toppings

STICKY LEMON SPONGE
Custard

CHURROS
Toffee Dipping Sauce

CHOCOLATE SPONGE
Chocolate Sauce

COLD PUDS

ICE CREAM BAR

BANOFFEE POT

CHOCOLATE ORANGE YOGHURT MOUSSE POT

OREO & BLUEBERRY CHEESECAKE

CUCINA SUNDAE

FRUIT POT

WATERMELON

PINEAPPLE & POMEGRANATE

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

GRAPES

JELLY POTS

STRAWBERRY JELLY

ORANGE JELLY

RASPBERRY JELLY

LEMON JELLY

MIXED BERRY JELLY

YOGHURT POTS

GREEK STYLE HONEY YOGHURT

LEMON YOGHURT

STRAWBERRY YOGHURT

MANGO YOGHURT

PASSION FRUIT YOGHURT

TRY OUR HOME-MADE **SOUP**
WITH FRESHLY BAKED BREAD

LOOK OUT FOR **AMAZING BLUE DOT MEAL DEALS**



PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

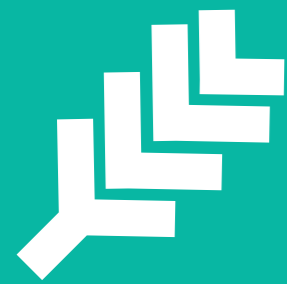
TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!



WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**

All of Our Deli Range, Sandwiches, Salads & Desserts are **FRESHLY MADE HERE DAILY**



WEEK 2

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

BEEF BOLOGNAISE

Cheesy Garlic Bread, Peas, Garden Salad

CHICKEN KATSU CURRY

50/50 Rice, Stir Fried Greens, Japanese Crackers

ROAST GAMMON

Seasonal Vegetables, Stuffing, Yorkie & Pan Gravy

SMOKEY BBQ CHICKEN

Savoury Rice, Blackened Corn

FRESHLY BATTERED FISH/ SALMON FISHCAKES

Chips, Minted Peas

VEGETARIAN MEAL

VEGGIE BOLOGNAISE

Cheesy Garlic Bread, Pea, Garden Salad

VEGETABLE, TOFU, SOYA BEAN SPRING ROLL

50/50 Rice, Stir Fried Greens

GOATS CHEESE & ONION MARMALADE WELLINGTON

Seasonal Vegetables, Veggie Gravy

SMOKEY BBQ OUMPH

Savoury Rice, Blackened Corn

TANDOORI CAULIFLOWER BURGER

Minted Yoghurt Slaw

PASTA POTS

TOMATO & BASIL

TOMATO & BASIL

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TOMATO & BASIL

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

CLASSIC APPLE PIE

Ice Cream

PINEAPPLE UPSIDE DOWN PUDDING

Vanilla Sauce

JAM SPONGE

Custard

BOSTON BROWNIE

Ice cream

CREPE BAR

Fruit Sauces

COLD PUD

FRUIT TRIFLE

WHOOPIE PIE

STRAWBERRY CHEESECAKE

RASPBERRY TIRAMISU

CUCINA SUNDAE

FRUIT POT

WATERMELON

PINEAPPLE & POMEGRANATE

FRESH FRUIT SALAD

PINEAPPLE & TOFFEE

GRAPES

JELLY POTS

STRAWBERRY JELLY

ORANGE JELLY

RASPBERRY JELLY

LEMON JELLY

MIXED BERRY JELLY

YOGHURT POTS

GREEK STYLE HONEY YOGHURT

LEMON YOGHURT

STRAWBERRY YOGHURT

MANGO YOGHURT

PASSION FRUIT YOGHURT

TRY OUR HOME-MADE **SOUP** WITH FRESHLY BAKED BREAD

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PIZZAS, WRAPS & PANINIS

FRESH OPTIONS EVERY DAY

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WEEK 3

Classic Favourites

MONDAY



EASTERN

TUESDAY



Great British

WEDNESDAY



SOUTHERN STYLE

THURSDAY



Fish & Chips

FRIDAY



MAIN MEAL

BEEF & PORK MEATBALLS IN TOMATO SAUCE
Garlic Focaccia, Peas, Mixed Salad

MILD CHICKEN KORMA
50/50 Rice, Poppadums, Pickle Tray

ROAST PORK
Seasonal Vegetables, Stuffing, Yorkie & Pan Gravy

FERNANDOS CHICKEN IN A BUN
Cajun Wedges, BBQ Beans, Coleslaw

FRESHLY BATTERED FISH/ SALMON FISHCAKES
Chips, Garden Peas

VEGETARIAN MEAL

TOMATO, PEPPER & MOZZARELLA PASTA BAKE
Garlic Focaccia, Peas, Mixed Salad

SQUASH, CHICKPEA & SPINACH BALTI
50/50 Rice, Poppadums, Pickle Tray

MATURE CHEDDAR & BROCCOLI QUICHE
Mixed Salad or Seasonal Vegetables

CAJUN GRILLED HALLOUMI BURGER
Cajun Wedges, BBQ Beans, Coleslaw

FALAFEL, CRUNCHY SLAW & SPICY HOUMOUS PITTA
Mixed Salad

PASTA POTS

TOMATO & BASIL

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TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

WAFFLE BAR
Ice Cream

JAM ROLY POLY
Custard

STICKY TOFFEE PUDDING
Toffee Sauce

CHOCOLATE BREAD & BUTTER PUDDING
Custard

APPLE & PEAR CRUMBLE
Ice Cream

COLD PUD

LEMON YOGHURT CHEESECAKE POT

MANGO & LIME PANNA COTTA

CHOCOLATE BROWNIE TORTE

ETON MESS

CUCINA SUNDAE

FRUIT POT

WATERMELON

PINEAPPLE & POMEGRANATE

FRESH FRUIT SALAD

PINEAPPLE & TOFFEE

GRAPES

JELLY POTS

STRAWBERRY JELLY

ORANGE JELLY

RASPBERRY JELLY

LEMON JELLY

MIXED BERRY JELLY

YOGHURT POTS

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