



Sir Joseph Williamson's Mathematical School

Principal: Mr E Hodges



Resources from Triple P:

- Parenting Teenagers During COVID-19 - the Triple P Parenting Guide - this is similar to the previous Parenting Guide, but tailored specifically to parents of pre-teens and teenagers. Read or download [here](#)
- Teen Triple P Online now also includes a new COVID-19 module to assist with managing not only normal issues related to parenting adolescents but also the extra pressures of this current situation. Find out more about this programme [here](#)
- New free digital magazine - Parenting in Uncertain Times - plenty of useful tips and strategies and able to be read on phones and tablets. There are articles on home schooling, managing emotions during this period, ways to keep kids occupied, and much more: <http://www.triplep-parenting.uk.net/>

You can also still get other free resources for parents of younger children including the Parenting During COVID-19 Parenting Guide, Top 10 video blogs from our very own Dr Claire Halsey, and Top Ten Tips 2-page poster (including in other languages): <http://www.triplep-parenting.uk.net/>

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