

Course Title	Physical Education
Exam Board	Edexcel
Course Description:	<p>Description</p> <p>Component 1: Scientific Principles of Physical Education (40%) Topic 1: Applied anatomy and physiology Topic 2: Exercise physiology and applied movement analysis The assessment consists of short answer, long answer and extended answer questions</p> <p>Component 2: Psychological and Social Principles of Physical Education (30%) Topic 1: Skill acquisition Topic 2: Sport psychology Topic 3: Sport and society The assessment consists of short answer, long answer and extended answer questions</p> <p>Component 3: Practical Performance (15%) Skills performed in one physical activity as a player/ performer or coach This will be marked in school and moderated by the examiner</p> <p>Component 4: Performance Analysis and Performance Development Programme (15%) This will be marked in school and moderated by the examiner</p>
Admission Requirements:	<p>Grade 6 or higher in GCSE PE in addition to representing either a school or club consistently in one sport. Students who have not studied GCSE PE can gain entry via a grade 6 in English and a grade 6 in a Science.</p>
Additional Information:	<p>This challenging course offers students the opportunity to demonstrate their academic and practical skills. The course develops knowledge and understanding of the physiological, psychological and socio-cultural factors influencing performance. It promotes the skills necessary to analyse, evaluate and improve performance.</p>